The Associated Students is a student-directed SDSU auxiliary and one of the largest student governance organizations in the U.S. The programs, services and facilities of the Associated Students enhance student success and are enjoyed by students, faculty, staff, alumni and the SDSU community.
Dear Friends,

Aztec Recreation finished the 2016-2017 year with a great deal of optimism as the past twelve months were highlighted with numerous student successes, an expansion of recreation and wellness programming, record participation numbers and local and national recognition. Significant achievements of the past year included:

• The unveiling of the new Recreation Field. The 64,600 sq/ft all-weather turf along with energy efficient LED sports lighting provided an additional 110 hours a week for expanded intramural sports, sport clubs, fitness and informal recreation opportunities on-campus.

• The Recreation Field project received the Outstanding Facility Honor Award from the San Diego County Chapter of the American Public Works Association.

• The Men’s Volleyball Club defeated The Ohio State University in straight sets to win the 2017 National Collegiate Volleyball Federation National Championship!

• The Men’s Rugby Club represented SDSU during a nine day international trip to the country of Georgia. The trip was facilitated by the US Ministry and SDSU Georgia to commemorate the 25th anniversary of US/Georgia relations. The team taught rugby skills to school children, visited wounded soldiers, made TV appearances and were victorious in two matches against Georgian rugby clubs.

• The Live Well Aztecs campus wellness initiative was expanded with two new Live Well Late Night events for students as well as new tai chi and meditation classes to support campus well-being.

• Aztec Adventures staff member, Mark Sanders, was selected as a winner of the prestigious SDSU Quest for the Best Award. The award recognizes exemplary achievement and contributions to SDSU in the fields of academic research, student life and community service.

• Mission Bay Aquatic Center was selected as the 2016-17 winner of the Outstanding Community Sailing Program Award by US Sailing. This honor is awarded for promoting access to sailing, developing new sailors within the sport, and being a leader in the sailing industry.

• Mission Bay Aquatic Center had a record high of 2,670 campers at the Summer Watersports Camp.

As we look forward to an exciting year ahead, the successes of the past year could not have occurred without the dedication and teamwork of our part-time student and full-time professional staff. On behalf of every Aztec Recreation employee, I would like to thank our members, colleagues and guests for your support and patronage. We look forward to continuing to inspire active, healthy living and enhancing the SDSU experience in 2017-2018.

In Health,

Mark Zakrzewski
Director, Aztec Recreation

TABLE OF CONTENTS

1 Year In Review
2 Recreation & Wellness Commission
4 Student Employment
6 Membership
8 Aztec Aquaplex
10 Intramural Sports
12 Sport Clubs
14 Group Fitness
16 Instructional Classes
18 Wellness
20 Aztec Adventures
22 Aztec Lanes
24 Mission Bay Aquatic Center
26 Financial Summary

YEAR IN REVIEW
Fellow Aztecs,

The Recreation & Wellness Commission of Associated Students is dedicated to advocating and amplifying the student voice with issues or ideas revolving around fitness, recreation and wellness on campus, and serving as commissioner has been a highlight of my college experience.

Our Commission members assist with the oversight of Aztec Recreation programs and amazing, sustainable facilities to promote recreation and wellness to our fellow Aztecs. Through the #LiveWellAztecs brand, the Commission connects students to the many campus resources that support well-being in an effort to improve their college experience and their opportunities for success in the classroom.

Last year the Commission assisted with the Grand Dedication of the new Recreation Field. The field greatly enhances student recreation and wellness opportunities with new fitness classes, expanded intramural leagues, increased sport club practice times and options for drop-in recreation.

There is no better place than SDSU to be a student leader!

Have an Aztec Day!

Christopher Thomas
A.S. Recreation and Wellness Commissioner 2015-2017
A.S. Vice President of University Affairs 2017-2018
Aztec Recreation is committed to student development and prides itself on fostering an environment where students gain valuable experience and transferrable skills while working toward a degree. Positions provide students with a significant amount of responsibility and opportunities to contribute to organizational success while serving program participants and the campus community. Staff are CPR/AED certified and receive training in a host of areas including customer service, conflict resolution, sexual harassment, and workplace safety in addition to position specific skills. Many positions such as lifeguards, trip leaders and fitness instructors require additional certifications for employment. This year learning outcomes were established in six domains to assess student staff skills development and employment impact.

I met over 40 collegiate student officials from other universities who, just like me, were working to better their craft. I am incredibly grateful for the experience of the NIRSA National Basketball Tournament. I look forward to continuing to improve myself and returning more prepared for success next year.” — JACkSON GOOD, INTRAMURAL SPORTS OFFICIAL

STUDENT JOBS

Group Fitness Instructors
Watersport Instructors
Facility Supervisors
Youth Camp Counselors
Marketing Assistants
Climbing Wall Supervisors
Racquetball / Tennis Supervisors
Outings Leaders
Dockmasters

Member Services Representatives
Swim Instructors
Intramural Officials
Sports Supervisors
Instructional Class Instructors
Team Challenge Facilitators
Maintenance Assistants
Office Assistants
Lifeguards

LEARNING OUTCOME DOMAINS

Knowledge Acquisition
Cognitive Complexity
Intrapersonal Development
Interpersonal Development
Humanitarianism and Civic Engagement
Professionalism and Leadership

STUDENT EMPLOYMENT

OVERVIEW
Aztec Recreation is committed to student development and prides itself on fostering an environment where students gain valuable experience and transferrable skills while working toward a degree. Positions provide students with a significant amount of responsibility and opportunities to contribute to organizational success while serving program participants and the campus community. Staff are CPR/AED certified and receive training in a host of areas including customer service, conflict resolution, sexual harassment, and workplace safety in addition to position specific skills. Many positions such as lifeguards, trip leaders and fitness instructors require additional certifications for employment. This year learning outcomes were established in six domains to assess student staff skills development and employment impact.

400+
STUDENT EMPLOYEES

2016-17 HIGHLIGHTS
STUDENT STAFF PARTICIPATED IN NUMEROUS DEVELOPMENT OPPORTUNITIES INCLUDING:
• National Intramural Recreational Sports Association (NIRSA) Regional Conference
• NIRSA SoCal Leadership Seminar
• NIRSA Regional Football and Basketball and National Basketball Tournaments
• Southern California Intramural Officials Association (SCIOA) trainings
• Bowling Proprietor’s Association of America courses
• Western Regional Outdoor Leadership Conference

STUDENT DEVELOPMENT

ASSESSMENT OF AZTEC RECREATION PART-TIME STAFF FOUND THAT AS A RESULT OF EMPLOYMENT WITH AZTEC RECREATION:
• 99% agree their employment positively influenced their SDSU experience
• 99% agree their employment enabled them to make new friends
• 86% agree their employment helped them develop the ability to work effectively with individuals with a variety of backgrounds, experiences and cultures
• 85% agree their job increased their engagement on campus
• 82% agree their employment contributed to student success
OVERVIEW
Aztec Recreation membership provides access to a wide range of services and facilities that inspire active, healthy living. Students, faculty, staff, alumni and community members who wish to participate may join with a monthly membership fee. Membership includes access to on-campus facilities and programs: Aztec Recreation Center, Aquaplex, ARC Express, Aztec Lanes Bowling, Tennis Courts and Racquetball as well as indoor Climbing Wall, Group Fitness classes, and Intramural Sport leagues.

MEMBERSHIP
958,683
ANNUAL CHECK-INS

2016-17 HIGHLIGHTS
- The opening of the new Recreation Field resulted in over 3,000 more hours available for open recreation, sports and fitness opportunities on campus
- Students reported the top health related outcomes of Aztec Recreation membership are improved overall well-being, increased physical strength, and reduced stress
- The membership peak of 17,900 was in November 2016

PARTICIPATION AVERAGE

<table>
<thead>
<tr>
<th>MEMBERSHIP CATEGORY</th>
<th>2014-15</th>
<th>2015-16</th>
<th>2016-17</th>
</tr>
</thead>
<tbody>
<tr>
<td>SDSU STUDENTS</td>
<td>7,351</td>
<td>7,646</td>
<td>7,437</td>
</tr>
<tr>
<td>RESIDENTIAL STUDENTS</td>
<td>4,608</td>
<td>4,962</td>
<td>5,151</td>
</tr>
<tr>
<td>AMERICAN LANGUAGE INST.</td>
<td>1,547</td>
<td>1,428</td>
<td>976</td>
</tr>
<tr>
<td>AFFILIATE</td>
<td>270</td>
<td>291</td>
<td>291</td>
</tr>
<tr>
<td>FACULTY/STAFF</td>
<td>383</td>
<td>398</td>
<td>413</td>
</tr>
<tr>
<td>ALUMNI</td>
<td>1,761</td>
<td>1,993</td>
<td>1,978</td>
</tr>
<tr>
<td>COMMUNITY</td>
<td>1,037</td>
<td>952</td>
<td>928</td>
</tr>
<tr>
<td>TOTAL</td>
<td>17,057</td>
<td>17,670</td>
<td>17,174</td>
</tr>
</tbody>
</table>

“Every instructor/staff member is friendly and welcoming. I love the atmosphere and everything that is offered on our campus! Even knowing I will be living off campus next year, I will still choose the ARC as my gym.” — KATHRYN B., RESIDENTIAL STUDENT MEMBER
OVERVIEW

The Aztec Aquaplex features two, large outdoor solar-heated pools, a 20-person spa and 12 adjacent tennis courts. The facility offers open recreation swimming, provides a variety of adult and youth aquatic programming and regularly hosts intramural leagues as well as sport club and intercollegiate athletic competitions. The Aquaplex is home to the SDSU Athletic Department’s women’s swimming & diving, women’s water polo, as well as men’s and women’s tennis teams. Several Sport Club teams practice regularly at the Aquaplex including the cycling and triathlon club, tennis, as well as the men’s and women’s water polo clubs.

AZTEC AQUAPLEX

133,363

OPEN RECREATION SWIM PARTICIPANTS

2016-17 HIGHLIGHTS

- Hosted 51 private events, 34 athletic competitions and 39 unique rental groups
- Certified over 200 individuals in First Aid, CPR, or Lifeguard training
- Lifeguards spent 1,400 hours completing in-service training including physical fitness, rescue skills and emergency response
- Offered over 200 swimming and tennis classes with a total of 2,194 unique participants
- Hosted the Aquatic Facility Operator (AFO) certification program which welcomed over 20 participants from a variety of San Diego county pools and certified six Aztec Recreation professional staff

PARTICIPANT EXPERIENCE

<table>
<thead>
<tr>
<th>PARTICIPATION</th>
<th>2014-15</th>
<th>2015-16</th>
<th>2016-17</th>
</tr>
</thead>
<tbody>
<tr>
<td>OPEN RECREATION SWIM</td>
<td>132,295</td>
<td>131,554</td>
<td>133,363</td>
</tr>
<tr>
<td>ADULT SWIM LESSONS</td>
<td>303</td>
<td>484</td>
<td>541</td>
</tr>
<tr>
<td>YOUTH SWIM LESSONS</td>
<td>1,301</td>
<td>1,255</td>
<td>1,307</td>
</tr>
<tr>
<td>TENNIS LESSONS &amp; CLASSES</td>
<td>72</td>
<td>116</td>
<td>146</td>
</tr>
<tr>
<td>OPEN RECREATION TENNIS</td>
<td>7,521</td>
<td>5,526</td>
<td>3,562</td>
</tr>
</tbody>
</table>

I love everything Aztec Recreation has to offer to meet my active fit lifestyle! There’s such a variety that I never get bored coming up with new workouts or trying new things like swimming for cardio instead of running.” — EDWARD K., STUDENT MEMBER
OVERVIEW
Aztec Recreation Intramural Sports provides opportunities for members to compete in a variety of team and individual sports through league, tournament and special event formats. The program offers competitive and recreational divisions in many sports to encourage players of all experience levels to participate. There are also extramural opportunities to compete against other San Diego university teams in the San Diego Championship Series (SDCS) and against other collegiate teams at regional tournaments.

7,725
TOTAL PARTICIPATION

2016-17 HIGHLIGHTS
• Intramural official, Jackson Good, earned the program’s first invitation to officiate at the NIRSA National Basketball Championships in Ohio.
• Basketball led the program with 232 teams and 1,929 participants during the academic year and outdoor soccer grew over 45% with 1,911 participants.
• One men’s flag football team and one men’s basketball team represented SDSU at the NIRSA Championship Series with each team achieving a 3rd place finish as well as a flag football all-tournament player and basketball MVP of the tournament.
• The Recreation Field provided the opportunity to offer 33 more hours of field space weekly for sports programs, including 156 flag football games, 278 outdoor soccer games, and the San Diego Championship Series flag football championship with USD, UCSD, and CSU-San Marcos.

PARTICIPANT EXPERIENCE

"I had a very positive experience; the refs were good, the field was nice and other players were very respectful." – MINA C., SDSU FRESHMAN AND INTRAMURAL PARTICIPANT

INTRAMURAL SPORTS

<table>
<thead>
<tr>
<th>SPORTS</th>
<th>2014-15</th>
<th>2015-16</th>
<th>2016-17</th>
</tr>
</thead>
<tbody>
<tr>
<td>TEAMS</td>
<td>770</td>
<td>747</td>
<td>685</td>
</tr>
<tr>
<td>GAMES PLAYED</td>
<td>1,618</td>
<td>1,471</td>
<td>1,205</td>
</tr>
<tr>
<td>PARTICIPATION</td>
<td>10,401</td>
<td>7,978</td>
<td>7,725</td>
</tr>
</tbody>
</table>

TOP REPORTED OUTCOMES OF PARTICIPATION IN INTRAMURAL SPORTS:
• Created friendships and increased social interaction
• Reduced stress
• Improved well-being
• Improved physical fitness
The Aztec Recreation Sport Club program includes 20 diverse and highly competitive teams with over 800 athletes. Teams represent SDSU in intercollegiate competitions at regional, state, and national levels. The sports club program supports student managed teams by providing opportunities for collegiate competition, leadership development, social connections and community involvement.

**SPORT CLUBS**

**STUDENT ATHLETES**

809

**OVERVIEW**

As president of my club team, I am not only able to continue playing a sport I love, but also able to shape the team and program into one that will be successful for years to come. I have played or been a part of sports my whole life, but I can honestly say that being a part of my sport club team has been the most rewarding experience.” — JOSH HELLER, MEN’S WATER POLO PRESIDENT

**PARTICIPANT EXPERIENCE**

**SPORT CLUBS 2014-15 2015-16 2016-17**

<table>
<thead>
<tr>
<th>SPORT CLUBS</th>
<th>2014-15</th>
<th>2015-16</th>
<th>2016-17</th>
</tr>
</thead>
<tbody>
<tr>
<td>TEAMS</td>
<td>19</td>
<td>19</td>
<td>20</td>
</tr>
<tr>
<td>TOTAL ATHLETES</td>
<td>745</td>
<td>772</td>
<td>809</td>
</tr>
</tbody>
</table>

81% of athletes agreed that team participation contributed to their success as a student

73% agreed that team participation contributed to their decision to stay at SDSU

48% agreed that team participation contributed to their decision to attend SDSU

**2016-17 HIGHLIGHTS**

- The Sport Club program expanded from 19 to 20 teams with Triathlon and Cycling separating into two distinct teams
- Men’s Volleyball won the program’s first NCVF National Championship
- Men’s Soccer, Men’s Water Polo and Women’s Water Polo placed 3rd at their respective National Championships
- Fourteen of the twenty teams qualified for their respective National Championship Tournaments
- The Rugby team traveled to Tbilisi Georgia to represent the United States and SDSU on a goodwill rugby tour celebrating 25 years of diplomatic relations between the U.S. and Georgia

**TOP REPORTED OUTCOMES OF PARTICIPATION IN SPORT CLUBS:**

- Overall well-being
- Interest in staying fit and healthy
- Improving athletic skills
- Stress reduction

**OUTSTANDING AWARD WINNERS**

- Outstanding Scholar Award: Daniele Shapiro, Dance
- Outstanding Athlete Award: Josh Heller, Men’s Water Polo
- Bob Bingham Team Leader of the Year: Sawyer Thompson, Rugby
- Darcy Bingham Emerging Leader of the Year: Blake Harmon, Men’s Water Polo
- Bingham Sport Club Leader of the Year: Austin Switzer, Rugby
- Performance Team of the Year: Rugby
- Contributing Team of the Year: Ski & Snowboard

**MEN’S VOLLEYBALL NATIONAL CHAMPS**
Aztec Recreation Group Fitness classes are drop-in group classes that are led by motivating instructors who engage members in fun, safe and effective fitness training. Group Fitness classes are included at no additional cost with an Aztec Recreation membership. A robust schedule of Group Fitness formats includes cardio, dance, mind/body, and strength based classes to provide group exercise opportunities in everything from Spinning® and Cardio Dance to Yoga and Barre Blast.

**OVERVIEW**

Aztec Recreation implemented its first Group Fitness Instructor Training (GFIT) program designed to recruit and educate students to become successful instructors; fourteen students completed the training and seven were hired as new instructors.

The Recreation Field provided a new space to offer outdoor yoga and boot camp classes.

Small group training formats of Strength Training for Women and Total Strength for Faculty and Staff were added in the Performance Center.

Mindful Meditation and a new class combining Spinning® and strength components were introduced in the Aztec Recreation Center.

This spring, Aztec Recreation hosted 35 American Language Institute students in an English Through Exercise class to help international students learn about and gain confidence in participating in American recreation programs.

**GROUP FITNESS PARTICIPATION**

<table>
<thead>
<tr>
<th>GROUP FITNESS</th>
<th>2014-15</th>
<th>2015-16</th>
<th>2016-17</th>
</tr>
</thead>
<tbody>
<tr>
<td>TOTAL CLASSES PER YEAR</td>
<td>2,181</td>
<td>2,090</td>
<td>2,348</td>
</tr>
<tr>
<td>AVG. CLASSES PER WEEK</td>
<td>44</td>
<td>45</td>
<td>46</td>
</tr>
<tr>
<td>PARTICIPATION</td>
<td>52,170</td>
<td>48,620</td>
<td>49,064</td>
</tr>
</tbody>
</table>

**2016-17 HIGHLIGHTS**

- Reduced stress
- Improved well-being
- Expanded interest in staying fit and healthy
- Contributed to student success

“The instructors’ knowledge and energy make training desirable because you know you will get an awesome workout from someone who knows what they are doing and enjoys it.” — VICTORIA L., AZTEC RECREATION MEMBER

Top reported outcomes of participation in Group Fitness:

- Reduced stress
- Improved well-being
- Expanded interest in staying fit and healthy
- Contributed to student success
OVERVIEW
Aztec Recreation offers fee based instructional activity classes, which are focused on the progression of physical activity skills and practice. Aztec Recreation offers academic credit activity classes in sports, fitness, dance, martial arts and outdoor skills through a partnership with the Exercise and Nutritional Sciences (ENS) department. The ENS credit classes provide opportunities for students to earn academic credit but most are also available for non-credit.

INSTRUCTIONAL CLASSES

STUDENTS ENROLLED

2,424

2016-17 HIGHLIGHTS

• New classes added this year included Advanced Tennis and Indoor Cycling
• Additional sections were offered in response to high demand for Beginning Yoga, Intermediate Tennis, and Beginning Swim Fitness
• All Half Marathon students raced locally at the Silver Strand and La Jolla Half Marathons following their semester class training

TOP REPORTED OUTCOMES OF PARTICIPATION IN INSTRUCTIONAL CLASSES:

• Reduced stress
• Improved well-being
• Contributed to student success
• Improved physical strength

2016-17 HIGHLIGHTS

Before this class, I thought because of my gender I would not be able to lift. This class taught me with proper technique and form anything is accomplishable, and will forever bring me confidence.” – Anakaren B., SDSU STUDENT AND ENS OLYMPIC WEIGHT LIFTING AND SPORTS CONDITIONING PARTICIPANT

PARTICIPANT EXPERIENCE

<table>
<thead>
<tr>
<th>ENS CLASSES</th>
<th>2014-15</th>
<th>2015-16</th>
<th>2016-17</th>
</tr>
</thead>
<tbody>
<tr>
<td>SPORTS</td>
<td>889</td>
<td>904</td>
<td>795</td>
</tr>
<tr>
<td>FITNESS</td>
<td>394</td>
<td>769</td>
<td>839</td>
</tr>
<tr>
<td>MARTIAL ARTS</td>
<td>167</td>
<td>299</td>
<td>277</td>
</tr>
<tr>
<td>DANCE</td>
<td>313</td>
<td>273</td>
<td>243</td>
</tr>
<tr>
<td>OUTDOOR SKILLS</td>
<td>440</td>
<td>406</td>
<td>270</td>
</tr>
<tr>
<td>TOTAL</td>
<td>2,203</td>
<td>2,681</td>
<td>2,424</td>
</tr>
</tbody>
</table>
OVERVIEW
Aztec Recreation offers a wide range of free wellness programming to students, staff and faculty and is proud to partner in the Live Well Aztecs campus initiative. Live Well Aztecs is a partnership of campus resources with the goal of providing programs, services and outreach efforts that educate, support and inspire SDSU students, faculty and staff to lead healthy, balanced lives. With input from the student Recreation and Wellness Commission and campus collaborators, programming includes special events and weekly activities.

WELLNESS

1,418

WALKING GROUP PARTICIPATION

2016-17 HIGHLIGHTS

- Four Live Well Late Night events provided wellness programming to students in collaboration with Live Well Aztecs and the A.S. Recreation and Wellness Commission:
  - The second annual Fitness Jam at the Aztec Recreation Center included Black Light Spinning®, Glow in the Dark Yoga, POUND®, Hip Hop Step, and a Foam Rolling Workshop for over 600 student participants, an increase of 68% from the inaugural year
  - The Aztec Recreation Center hosted the second 3 on 3 Basketball Jam with 33 teams and 110 participants
  - Lights Out | Strike Out was the first Live Well Late Night event at Aztec Lanes offering glow pin bowling and other games for over 500 student participants
- Free meditation was offered to students, faculty and staff in collaboration with Counseling and Psychological Services
- Free yoga class opportunities were expanded to include morning and evening outdoor classes on the Recreation Field in addition to noon yoga at the Conrad Prebys Aztec Student Union
- 620 faculty and staff visits were recorded for free yoga, meditation and a new tai chi class
- Aztec Recreation staff officiated and supervised tournament activities for Spike Balls Not Drinks event hosted by SDSU Health Promotion, SISTERS and FratMANers

[Live Well Aztecs]
LEADING THE WAY TO WELL-BEING
OVERVIEW
Aztec Adventures offers the SDSU community leadership development, education, and adventure experiences through the outings, climbing and team challenge programs. Outings offerings include weekend backpacking, hiking, rock climbing, and canoeing trips. Exercise and Nutritional Sciences (ENS) course offerings with an outings trip component include Adventure Leadership, Rock Climbing, Backpacking, Camping, Canoeing and Wilderness First Aid (WFA) certification. The climbing program includes orientations, drop-in climbing, and ENS rock climbing courses at the climbing wall located in the Aztec Recreation Center. Team Challenge provides team building and challenge course programs to corporate groups, non-profits, teen & youth groups, high schools, middle schools, sport teams, camp programs, SDSU student organizations, SDSU academic departments, SDSU auxiliaries, and faculty-staff groups.

PARTICIPANT EXPERIENCE

<table>
<thead>
<tr>
<th>OUTINGS &amp; CLIMBING</th>
<th>2014-15</th>
<th>2015-16</th>
<th>2016-17</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENS CLASSES</td>
<td>25</td>
<td>28</td>
<td>21</td>
</tr>
<tr>
<td>TRIPS</td>
<td>62</td>
<td>50</td>
<td>44</td>
</tr>
<tr>
<td>TRIP PARTICIPANTS</td>
<td>736</td>
<td>568</td>
<td>521</td>
</tr>
<tr>
<td>TRIP CONTACT HOURS*</td>
<td>34,208</td>
<td>25,346</td>
<td>23,760</td>
</tr>
<tr>
<td>CLIMBING WALL VISITS</td>
<td>5,705</td>
<td>4,417</td>
<td>3,603</td>
</tr>
<tr>
<td>TEAM CHALLENGE</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>GROUPS</td>
<td>45</td>
<td>36</td>
<td>30</td>
</tr>
<tr>
<td>PARTICIPANTS</td>
<td>1,388</td>
<td>1,372</td>
<td>1,299</td>
</tr>
<tr>
<td>CONTACT HOURS*</td>
<td>8,128</td>
<td>8,232</td>
<td>7,554</td>
</tr>
</tbody>
</table>

*Contact Hours are the number of hours of interaction per year with participants.

The trip was one of my favorite moments during my time at San Diego State University. To see waterfalls and massive rock formations, escape for a short time and make new friends was something I will take with me! I would definitely recommend this trip to my friends!” – SEAN S., SDSU STUDENT AND TRIP PARTICIPANT

719
NEW CLIMBERS COMPLETED ORIENTATION

TOP REPORTED OUTCOMES OF PARTICIPATION IN AZTEC ADVENTURES:
• Improved well-being
• Allowed participants to distance themselves from the stresses of everyday life
• Improved social connection with others
• Expanded interest in staying fit and healthy

2016-17 HIGHLIGHTS
• Aztec Adventures staff member, Mark Sanders, was selected as a winner of the prestigious SDSU Quest for the Best Award in recognition for exemplary achievement and contributions to SDSU in the fields of academic research, student life and community service
• This spring marked the 40th year offering Aztec Adventures Chocolate Mountains Colorado River Canoe trip
• Outings introduced a new day hike series highlighting the available hiking destinations in San Diego County
• Aztec Adventures worked with The American Alpine Club and Alpina Watches to welcome Ueli “The Swiss Machine” Steck to the Conrad Prebys Aztec Student Union to present an interactive slideshow of his experiences climbing the world’s largest mountains and setting speed records without oxygen
OVERVIEW
Aztec Lanes is located on the first floor of the Conrad Prebys Aztec Student Union and provides students and members of the SDSU community with bowling, billiards, table tennis, TV and video gaming. Aztec Recreation membership includes free bowling as a member benefit. Aztec Lanes programming includes beginning and intermediate ENS bowling credit classes, Intramural leagues, and group events such as birthday parties, campus department activities, student group events and private venue reservations.

30,799
TOTAL GAMES BOWLED

PARTICIPANT EXPERIENCE

“The instructor is very skilled and patient. He is helpful, knowledgeable and adapts to all student skill levels.” – James Z., SDSU Junior and ENS Bowling Class Participant

<table>
<thead>
<tr>
<th>AZTEC LANES</th>
<th>2014-15</th>
<th>2015-16</th>
<th>2016-17</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENS BOWLING PARTICIPANTS</td>
<td>667</td>
<td>530</td>
<td>389</td>
</tr>
<tr>
<td>INTRAMURAL PARTICIPANTS</td>
<td>439</td>
<td>244</td>
<td>171</td>
</tr>
<tr>
<td>GAMES BOWLED</td>
<td>17,157</td>
<td>22,982</td>
<td>30,799</td>
</tr>
<tr>
<td>BILLIARDS</td>
<td>4,927</td>
<td>5,978</td>
<td>5,649</td>
</tr>
<tr>
<td>TABLE TENNIS</td>
<td>2,064</td>
<td>2,097</td>
<td>2,065</td>
</tr>
<tr>
<td>GROUP EVENTS</td>
<td>121</td>
<td>186</td>
<td>159</td>
</tr>
</tbody>
</table>

2016-17 HIGHLIGHTS

- 6,482 unique Aztec Recreation members checked in and took advantage of free bowling with their membership compared to 6,345 last year.
- In collaboration with the Conrad Prebys Aztec Student Union, Aztec Lanes hosted private events with local schools/churches and SDSU Student group events, including Unionfest, Aztec Nights, Nightmare on Montezuma and Glow & Bowl.
- Aztec Lanes began Throwback Thursdays with different themes and contests each week during open bowling with an average of 119 bowlers.
- Through expanded promotion and marketing, Aztec Lanes Summer Kids Bowl Free participation grew from 297 participants in summer 2015 to 2,267 in summer 2016.
OVERVIEW

The Mission Bay Aquatic Center (MBAC) is one of the world’s largest instructional waterfront facilities and is located in beautiful Mission Bay Park, just a 15-minute drive from SDSU. With a diverse mix of watersports equipment and instruction under one roof, MBAC has the best that San Diego has to offer. Programming enables students, alumni and the SDSU community to experience wakeboarding, sailing, surfing, stand up paddling, waterskiing, rowing, kayaking, and windsurfing in a variety of formats from instructional classes for credit and non-credit to rentals, youth camps and special events. MBAC is recognized for its commitment to safety, high quality programming, and its highly trained and professional staff.

MISSION BAY AQUATIC CENTER

2016-17 HIGHLIGHTS

• Awarded the “Outstanding Community Sailing Program” of the year award by US Sailing, the national governing body of sailing
• Modernized classrooms with a renovation and technology upgrade
• Updated aging equipment including ten Hobie catamarans and replaced outboard motors for instructor powerboats
• Completed third year as the US Navy west coast sail training school bringing the total to 1,125 midshipmen trained
• Distributed over $36,000 in camp scholarships to more than 140 underrepresented youth
• Facilitated inclusion for 26 kids with disabilities to participate in camp alongside their able bodied peers

24,514

PEOPLE PARTICIPATED IN PROGRAMMING AT MBAC IN 2016-17

TOP REPORTED OUTCOMES OF PARTICIPATION IN MBAC CLASSES:

• 90% of respondents said that participating at MBAC has contributed to their overall well-being
• 84% agreed or strongly agreed that taking a class at MBAC helped reduce stress
• 94% said that taking a class at MBAC has taught them new skills and expanded their interest in watersports
• 81% said that participation has improved their social connection to others

2014-15 2015-16 2016-17

<table>
<thead>
<tr>
<th>MISSION BAY AQUATIC CENTER</th>
<th>EVENTS</th>
<th>RENTALS</th>
<th>CAMP</th>
<th>REC CLASSES</th>
<th>ENS CLASSES</th>
<th>PRIVATE LESSONS</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014-15</td>
<td>6,948</td>
<td>8,613</td>
<td>2,605</td>
<td>2,262</td>
<td>2,392</td>
<td>842</td>
<td>23,662</td>
</tr>
<tr>
<td>2015-16</td>
<td>6,971</td>
<td>9,686</td>
<td>2,636</td>
<td>2,104</td>
<td>1,855</td>
<td>946</td>
<td>24,198</td>
</tr>
<tr>
<td>2016-17</td>
<td>7,464</td>
<td>9,365</td>
<td>2,670</td>
<td>2,145</td>
<td>1,787</td>
<td>1,083</td>
<td>24,514</td>
</tr>
</tbody>
</table>

Taking a class at MBAC was a great experience as an exchange student, to enjoy the beach and meet new people. I had my best time in San Diego at MBAC!” – FERDINAND K., SDSU INTERNATIONAL STUDENT
Aztec Recreation offers a broad range of programs, services and facilities to the SDSU community. The department is responsible for the management, operation and maintenance of the Aztec Recreation Center (ARC), Aztec Aquaplex, Peterson Gym Racquetball courts, ARC Express, Aztec Lanes and the Recreation Field.

Revenue is derived through membership sales and fee for service programming including instructional classes, bowling and games, personal training, swim lessons, outdoor trips, team challenge programming, retail sales, facility rentals, and Instructionally Related Activity (IRA) student fees to support Sport Clubs.

Total revenue for FY’17 was $6,684,560 compared to $6,622,035 in FY’16. Increases in swim lessons, bowling participation and facility rentals were the principle drivers of the year over year revenue increase.

Total expenses for FY’17 were $6,581,190 compared to $6,623,274 in FY’16. The year over year decrease in expenses was principally the result of decrease in capital expenditures and transfer to reserves to offset increases in minimum wage, third party custodial services and costs for athletic training services for sport clubs.